



WEEK

1

Allergen key:

May Contain in ( )



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (M)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### OPTION 1

Main Dish

Margherita Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;SD;(S);(SS)

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Chicken Curry with Rice and Naan Bread, Seasonal Vegetables CE;G;

Battered Fish & Chips with Beans or Peas G;F;

### OPTION 2

Alternative Dish

Vegetable Options

Veggie Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;CE;(S);(SS)

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

BBQ Quorn Taco with Rice, Seasonal Vegetables E;

Vegetable Goujons & Chips with Beans or Peas

### OPTION 3

Baked Potato

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans or Tuna Mayo E;F & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Sala

### Dessert

Ice Cream Sundae MI; or Fresh Fruit or Jelly

Shortbread Biscuit G; or Fresh Fruit or Jelly

Flapjack G; or Fresh Fruit or Jelly

Vanilla Crunch G;E; or Fresh Fruit or Jelly

Cupcake G;E; or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.



WEEK 2

**Allergen key:**

Peanuts (P)	Nuts (N)	Crustaceans (Shellfish) (CR)	Molluscs (Shellfish) (MO)	Fish (F)	Eggs (E)	Milk (MI)	Cereals containing Gluten (G)	Soya (S)	Sesame seeds (SS)	Celery (CE)	Mustard (MU)	Lupin (L)	Sulphur Dioxide (SD)

May Contain in ( )

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### OPTION 1

Main Dish

Margherita Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

Breaded Chicken Steak, Herby Diced Potatoes, Salad G;

Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Sweet & Sour Chicken with Rice, Seasonal Vegetables CE;

Fish Fingers & Chips with Baked Beans or Peas G;F;

#### OPTION 2

Alternative Dish

Vegetable Pasta Bolognaise, Seasonal Vegetables G;

Southern Style Quorn, Herby Diced Potatoes, Salad G;E;MI

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

Vegetable Chow Mein, Seasonal Vegetables G;E;S;SD;

Vegetable Spring Roll & Chips with Baked Beans or Peas G;S;SS

#### OPTION 3

Baked Potato

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans or Tuna Mayo E;F & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

#### Dessert

Iced Sponge G;E; or Fresh Fruit or Jelly

Ice Cream Sundae MI; or Fresh Fruit or Jelly

Jelly & Ice cream MI; or Fresh Fruit

Shortbread Biscuit G; or Fresh Fruit or Jelly

Lemon Drizzle Cake G;E; or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.

Allergen key:

May Contain in ( )	Peanuts (P)	Nuts (N)	Crustaceans (Shellfish) (CR)	Molluscs (Shellfish) (MO)	Fish (F)	Eggs (E)	Milk (MI)	Cereals containing Gluten (G)	Soya (S)	Sesame seeds (SS)	Celery (CE)	Mustard (MU)	Lupin (L)	Sulphur Dioxide (SD)
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### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### OPTION 1

Main Dish

Margherita Pizza,  
Potato Wedges,  
Seasonal Vegetables  
G;MI;S;(E)

Breakfast Brunch G;SD;E;

Roast Chicken, Crispy  
Roast Potatoes, Seasonal  
Vegetables, Gravy

BBQ Chicken Wrap with  
Rice, Seasonal Vegetables  
G;

Chicken Dippers & Chips,  
Beans or Peas G;CE;

#### OPTION 2

Alternative Dish

Macaroni Cheese,  
Seasonal Vegetables G;MI;

Vegan Breakfast Brunch  
G;CE

Roast Quorn, Crispy  
Roast Potatoes, Seasonal  
Vegetables, Gravy G;

Vegetable Curry with Rice,  
Seasonal Vegetables CE;

Quorn Dippers & Chips  
Beans or Peas G;

#### OPTION 3

Baked Potato

Baked Potato with Grated  
Cheese MI; or Baked  
Beans  
& Salad

Baked Potato with Grated  
Cheese MI; or Baked  
Beans  
& Salad

Baked Potato with Grated  
Cheese MI; or Baked  
Beans or  
Tuna Mayo E;F & Salad

Baked Potato with Grated  
Cheese MI; or Baked  
Beans  
& Salad

Baked Potato with Grated  
Cheese MI; or Baked  
Beans  
& Salad

#### Dessert

Ice Cream Sundae MI;

Chocolate Nest G; or Fresh  
Fruit or Jelly

Chocolate Cookie G; or  
Fresh Fruit or Jelly

Fruit Muffin G;E; or Fresh  
Fruit or Jelly

Chocolate Crunch G;E; or  
Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.